

# Carousel Adult Program

## March 2017 Newsletter



### Last Month's News

#### Valentine's Day Dance

The consumers had a great time at the Valentine's Day Dance. The consumers danced and played different games. Also, the consumers sold different food items, such as pizza, cookies, and fruit.

### Dates to Remember

- Friday, March 31  
Program Closed- Cesar Chavez Day



### This Month's News

#### Meals on Wheels Volunteering

The consumers began volunteering for Meals on Wheels. The consumers pick up the meals in Santa Monica and deliver the meals to a group of tenants in an apartment building in Marina Del Rey. The consumers are very excited for this volunteer opportunity!

### March Birthdays

- Miguel 3/4
- Terris 3/16
- Alejandra 3/21
- Ziad 3/29

### Group Spotlight

Every month one of the seven groups at the Adult Program will be featured in the newsletter. This month the spotlight shines on the Black Group.



### Inside This Issue

- General Announcements
- Group Spotlight





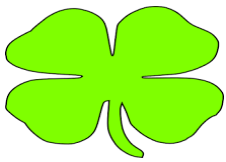
# Valentine's Day Dance



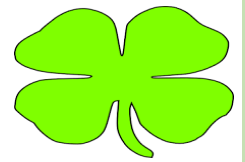
It is my deepest belief that only by giving our lives do we find life.  
- Cesar Chavez







# Group Spotlight



This month the spotlight shines on the Black Group. The Black group consist of 11 Consumers including Evelyn, Paloma, Cyntrea, Judy, Ramiro, Ricky, Jason, Juan, Chinedu, Ernesto, and Nick. The Black Group has 3 staff including Denise, Erwin, and Mayra.



During the month of February, the consumers went to a Convalescent Care facility and passed out Valentine's Day goodies to the residents. The black group went on several community trips this month, such as to the Grocery Store, Restaurants, Laundry Mat and the Westchester Loyola Village library. During their visits to the library, the consumers browsed the aisles for different book of their interest. Also, they came together as a group for Storytime.



The community based trips help the consumers strengthen their social skills by interacting with others in the community. When the consumers are not in the community, they are baking different food items such as cookies and participating in outside activities such as car wash.

February came and went and we are all looking forward to March!

In giving of yourself, you will discover a whole new life full of meaning and love.  
- Cesar Chavez

