



CAROUSEL ADULT PROGRAM

What happened last month?

March 2015

This past month, the consumers participated in the Valentine's Day festivities and created "cookie grams" to sell. The "cookie grams" were a hit at Carousel, and the consumers were able to raise money for future activities. Carousel encourages healthy living; so we spent a day at the Westchester Farmer's Market learning about local produce and farming. Along with trips to Aviation Park and the Farmer's Market, the consumers made various fruit smoothies to promote

healthy eating. The consumers also took a quick trip to Randy's Donuts for a small treat. They also visited the local 99¢ Store to purchase items for the weekly cooking activities.

For the month of March, consumers are encouraged to wear their green for St. Patrick's Day. Also, there will be no school on March 31st due to Spring Break.



Birthdays

Miguel	3/4
Terris	3/16
Alejandra	3/21
Ziad	3/29

Events/Holidays

St. Patrick's Day	3/17
No School	3/31

